

Provisional Timetable

Woking AC Young Athletes' Open Championship

5 September 2010

	Under 11		Under 13		Under 15		Under 17		Under 20	
	Boys	Girls	Boys	Girls	Boys	Girls	Men	Women	Men	Women
80m Heats	9:40	9:30								
80m Finals	12:55	12:55								
100m Heats			10:45	10:35	11:05	10:55	11:20	11:15	11:30	
100m Finals			12:25	12:20	12:35	12:30	12:45	12:40	12:50	11:25
200m Heats			15:10	14:55	15:35	15:20	15:50	15:45	16:05	
200m Semis			16:30	16:25	16:40	16:35				
200m Finals			17:40	17:35	17:50	17:45	17:25	17:20	17:30	16:00
300m Heats								12:10		
300m Finals								14:30		
400m Heats					13:40		13:50		14:05	
400m Finals					16:45		16:50		16:55	14:00
600m	14:45	14:35								
800m Heats			11:40	10:20	12:05	11:55				
800m Finals			17:05	17:00	17:15	17:10	16:15	16:10	16:20	
1500m Heats			10:00							
1500m Finals			14:25	14:10	10:10	09:55	14:20	14:15		
High Jump			11:30	10:00	13:00	10:45	13:45	13:45		
Long Jump	11:00	10:00	16:00	13:00	15:00	17:00	12:00	14:00		
Shot			14:30	16:00	10:00	13:00	11:30	11:30		
Discus			11:00	10:00	11:00	12:00		13:00		
Pole Vault			14:00		14:00	14:00	10:45	10:45	10:45	
Javelin			16:15		17:00	15:30	14:45	14:00		

This timetable may change. The final timetable will be emailed to all registered competitors after the closing date for entries.